



# Carvallis CARING PLACE

*Compassion is the Heart of Our Care*

## NEWS FOR MARCH 2026



Grab your coat and your lucky charm as we head to **Spirit Mountain Casino** on March 26th!

We'll be leaving in the morning, traveling in the comfort of our own bus with good company. Once we arrive we'll enjoy lunch at the casino before giving everyone time to explore, try their luck, or simply soak in the lively atmosphere.

Whether you're there for the slots, the sights, or just the fun of the outing, it's sure to be a day full of excitement and smiles!

### National Wear Purple Day

Break out the lavender, rock the plum, strut your stuff in violet — it's National Wear Purple Day!



March 26th is designated as Wear Purple day in support of epilepsy awareness. Please join in!

Don't forget to "Spring Forward" Sunday, March 8th, by moving clocks and watches ahead 1 hour for Daylight Savings

Consider adjusting the time before bed on Saturday night to wake up to the right time. Let us know if you would like assistance.

## ★ Spirit Week Celebration! ★

March 15 – March 21

Get ready to dress up, have fun, and show your spirit all week long!



### March 15 – Mismatch Day

No need to match today – the more mixed-up, the better!



### March 16 – Pajama Day

Dress cozy and comfy in your favorite PJs.



### March 17 – Luck of the Irish

Wear green and show off your St. Patrick's Day spirit!



### March 18 – Tie-Dye Day

Be bold, bright, and colorful!



### March 19 – Hat Day

Top off your outfit with your favorite hat.



### March 20 – Spring Has Sprung!

Celebrate the season with flowers, butterflies, and bees!



### March 21 – Sunny Saturday

Break out your tropical wear and bring on the sunshine!



Join the Fun!

One of the most popular items offered in the dining room is our fresh salad every day at lunch, prepared to your liking by our wonderful Cooks. Our table-side salad service is only available from 11:45 AM—12:15 PM. To ensure you have a delicious salad and time to enjoy it before starting your noon meal, please come down to the dining room before 11:45 AM! This also helps us smoothly navigate the dining room and avoids the drink and salad carts competing between tables.



After salad and a meal, dessert sure hits the spot! Our Cooks take pride in making our featured treats to satisfy your sweet tooth. When the dessert cart comes around the dining room it will now be stocked with only the daily dessert. If you prefer ice cream, a note will be made and ice cream will be brought out to you after the whole dining room has been served the featured dessert. Ice cream flavors are limited to the stock on hand.

## National Potato Chip Day – March 14th!

Get ready to crunch, munch, and celebrate one of America's favorite snacks! Whether you like them wavy, ridged, kettle-cooked, or classic — today is the day to grab a handful (or two!).

Potato chips were famously created in 1853 by chef George Crum in Saratoga Springs. A customer complained his fried potatoes were too thick, so Crum sliced them paper-thin, fried them extra crispy, and added salt. Instead of being upset... the customer LOVED them! And just like that, a crunchy legend was born.

### Some Fun Facts:

- Americans eat **over 1.85 billion pounds** of potato chips each year!
- The average person consumes about **6 pounds** of chips per year.
- The largest potato chip company in the U.S. is Lay's.
- The most popular flavor in America is still **classic salted!**

**Join us on the 14th for a chip tasting celebration!**

The votes were counted and Barbara S. and Jim J. were crowned Queen and King at the February Valentine's Day Party!



Get ready to crumble with excitement because National Oreo Day is on March 6th! We're celebrating everyone's favorite black-and-white treat from **Oreo** — the cookie that has been stealing hearts (and leaving crumbs) since 1912!

Are you a classic fan? A double-stuff devotee? A dunk-it-in-milk champion? There's only one way to find out...

### Join us in the afternoon for a delicious Oreo Taste Test!

We'll sample, compare, and maybe even crown a favorite flavor. Napkins encouraged.

Competitive cookie spirit welcome.

Don't miss out — it's going to be sweet!



## Garden Club is Growing!



Calling all green thumbs — and even the "I just like dirt" crowd! Our Garden Club is getting ready to dig in, and we'd love for you to join us.

Whether you're a master gardener or can't tell a tulip from a tomato, this is the perfect place to plant some fun, friendships, and flowers!

**Want your own garden box?** Come to our Garden Club meeting on **March 25** to claim yours! We'll talk about what to plant, share ideas, and get excited for a season full of blooms and veggies

No experience needed — just bring your enthusiasm and maybe a little sunshine.

Let's grow something wonderful together!



## Sunday Movie Picks Wanted!

Lights, camera... **your choice!** The Activities Team would *love* your suggestions for our Sunday movies.

Do you enjoy a classic western, a laugh-out-loud comedy, a heartwarming romance, or an action-packed adventure? Maybe you want to see a newer release rather than a classic film.

Let us know what you're in the mood for—we want movie night to be *your* kind of show! Drop your ideas or specific movie titles with Activities and help us roll out the red carpet for the perfect Sunday film.

# February Happenings



Mardi Gras!!

SnackCrate Adventures—February took us to Scotland. Where will we visit in March?



Lunch at Blue Sky for Chinese Food



Oregon State Women's Basketball Game!!



Valentine's Day Party!

Every resident received a hand-decorated valentine's box from the Community Engagement & Leadership student group at OSU!





750 NW 23rd St.  
Corvallis, OR 97330

**March Outings:**

- March 5** Goodwill
- March 19** Fred Meyer in Albany
- March 26** Spirit Mountain Casino

**March Birthdays**

Resident

- Quentin ..... March 4
- Doris ..... March 20
- Judy ..... March 20

Staff

- Ivy ..... March 4
- Lucy ..... March 8
- Anika ..... March 31

- Dana– Dietary Aide— 11 Years**
- Ashlyn– Care Partner— 2 Years**
- June Grace– Care Partner— 6 months**
- Leah– Dietary Aide — 6 Months**
- Lucy– Dietary Aide/ Care Partner— 6 Months**
- Ryan– Med Tech/Care Partner— 6 Months**



Your Leadership Team

- Crystal Well — Executive Director**
- Melissa Hunziker, RN — Health Services Director**
- Jessica Kinsey — Business Office Director**
- Amber Zurcher — Life Enrichment Director**
- Brian Turner — Dining Services Director**
- Katelyn Fuqua — Resident Care Coordinator**
- Ron Vasquez — Facilities Manager**

**~ OUR MISSION ~**

*Provide compassionate care while preserving dignity in a life-enriching environment*

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Corvallis Caring Place (CCP), a non-profit assisted living facility that opened its doors in 2002, accepts both Medicaid-qualified and private-pay residents. CCP is overseen by a volunteer Board of Directors and contracts with Aidan Health Services for management services. Residents meet monthly to provide feedback to assure quality services.