

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday Dana 1 9:30 Pages + Word Search 2:00 Movie Matinée Canada Day	2 9:45 Strength/ Flex 10:30 Bingo 1:30 Music with Kathy & Jan 3:30 UNO	3 9:00 Holy Communion 9:45 Chair Exercise 10:30 Dominoes 1:30 Yahtzee 3:30 UNO	Happy Fourth of July 4 9:45 Strength/ Flex 10:30 Boggle 1:30 Reminiscing 2:30 Reading 3:30 Travel Movie Independence Day	5 9:45 Chair Exercise 10:30 Yahtzee 1:30 Bi-Mart 3:00 Bean Bag Bowling 6:30 Bingo	6 9:45 Strength/ Flex 10:30 Gardening 2:30 Nail Spa 6:30 Movie Night	Happy Birthday Ethel 7 9:30 Chair Exercise 10:30 Coffee & News 1:30 Painting with Erin 3:00 Movie Matinée Happy Birthday Darla
8 9:30 Pages + Word Search 2:00 Movie Matinée	9 9:45 Strength/ Flex 10:30 Cranium Crunches 1:30 Coloring Mandalas 3:30 Writing Support Group	10 9:00 Holy Communion 9:45 Chair Exercise 10:30 Dominoes 1:30 Yahtzee 3:30 UNO	11 9:45 Strength/ Flex 10:30 Boggle 2:00 Resident Council 3:00 Reading 3:30 Travel Movie	12 9:45 Chair Exercise 10:30 Yahtzee 1:30 Trader Joe's 3:00 Bean Bag Bowling 6:30 Bingo	13 9:45 Strength/ Flex 10:30 Gardening 6:30 Movie Night	14 9:30 Chair Exercise 10:30 Coffee & News 1:30 Boggle 2:30 Movie Matinée
15 9:30 Pages + Word Search 2:00 Movie Matinée	16 9:45 Strength/ Flex 10:30 Cranium Crunches 1:30 Coloring Mandalas 3:30 UNO	17 9:00 Holy Communion 9:45 Chair Exercise 10:30 Dominoes 1:30 Yahtzee 3:30 UNO	18 9:45 Strength/ Flex 10:30 Boggle 12:30 Music with Ellis S. 1:30 Reminiscing 2:30 Reading 3:30 Travel Movie	19 9:45 Chair Exercise 10:30 Yahtzee 2:00 Birthday Party 3:00 Bean Bag Bowling 6:30 Bingo	20 9:45 Strength/ Flex 10:30 Gardening 2:30 Nail Spa 6:30 Movie Night	21 9:30 Chair Exercise 10:30 Boggle 1:30 Painting with Erin 3:00 Movie Matinée
22 9:30 Pages + Word Search 2:00 Movie Matinée	23 9:45 Strength/ Flex 10:30 Cranium Crunches 1:30 Music with Kathy & Jan 3:30 UNO	24 9:00 Holy Communion 9:45 Chair Exercise 10:30 Dominoes 1:30 Yahtzee 3:30 UNO	25 9:45 Strength/ Flex 10:30 Boggle 1:30 Reminiscing 2:00 Chef's Corner 3:30 Travel Movie	26 9:30 Video Exercise 2:30 Movie	27 9:45 Strength/ Flex 10:30 Gardening 2:30 Nail Spa 6:30 Movie Night	28 9:30 Chair Exercise 10:30 Wheel of fortune 1:30 Painting with Erin 3:00 Movie Matinée
Happy Birthday Shelly 29 9:30 Pages + Word Search 2:00 Movie Matinée	30 9:45 Strength/ Flex 10:30 Cranium Crunches 1:30 Coloring Mandalas 3:30 UNO	31 9:00 Holy Communion 9:45 Chair Exercise 10:30 Dominoes 1:30 Yahtzee 3:30 UNO	 <h1 style="font-family: cursive;">July 2018</h1> <p>All activities are subject to change without notice. Please check your daily table reminders!</p> 			